



“The trainers at GoodSense gave an excellent presentation, it highlighted our need to look at current practice and make changes to our team. Most informative course I have been on.”

BTEC Level 2 Intermediate Award in Physical Restraint (Care and Control) Children and Young People (2 days).

Training Progression:



Overview: The BTEC Level 2 Intermediate Award in Physical Restraint (Care & Control) Children and Young People is specifically for anyone working with this age group who may encounter a mild to medium level of aggression or violence.

The Course: The BTEC Level 2 Intermediate Award in Physical Restraint Practice (Care & Control) has been specifically developed to meet the needs of those working with children and young people. It provides care giving staff to make informed decisions about when, where and how they should, or should not, use physical force in a care setting to ensure that they are acting appropriately and legally. This is a nationally recognised vocational qualification.

The BTEC Level 2 Intermediate Award in Physical Restraint (Care and Control) Children and Young People is a two day duration course and on completion all delegates receive a BTEC Level 2 intermediate Award in Physical Restraint (Care & Control) Certification by GoodSense Training.



Course objectives:

To successfully achieve the award delegates will be required to:

- > Understand the requirements of the various pieces of legislation with regard to the Physical Restraint of Children and Young People including: The Children Act 1989 and associated Government guidance documents, The United Nations Convention on the Rights of the Child, The Education Act 1997, The Violent Crime Reduction Act 2006, The Education and Inspections Act 2006;
- > Understand Reasonable Force in relation to physical restraint by reference to Common & Criminal Law.
- > Examine the requirements of Health and Safety statute and associated Regulations and show how they apply to physical restraint.
- > Evaluate the risk of positional asphyxia and other risks associated with physical restraint and explore how to minimise those risks.
- > Differentiate between holding, escorting and restraining and non-harmful seated restraint techniques and how to apply
- > Demonstrate and explain how to gradually de-escalate and relax restraint to allow the subject being restrained to regain self-control.
- > Explore when it may be possibly necessary to use a more restrictive technique consistent with the principles of Reasonable Force, Health and Safety statute and the Human Rights Act.

Further information:***Pre-Registration requirements:***

Candidates who register for the BTEC Level 2 Intermediate Award in Physical Restraint (care and control) for staff working with children and young people must have:

- The physical capability to be able to undertake physical skills training, and
- The personal ability to undertake classroom training and sit written exam papers.

Suitability:

- Child Care Staff
- Education Staff
- Anyone working with children and young people