



"I'd like to make informed decisions about when I need to restrain someone."

BTEC Level 2 Intermediate Award in Physical Restraint (Older People) (2 days).

Training Progression:



Overview: The BTEC Level 2 Intermediate Award in Physical Restraint (Older People) is for anyone working with older people who may encounter some low level aggression or violence.

The Course: The BTEC Level 2 Intermediate Award in Physical Restraint Practice (Older People) has been specifically developed to meet the needs of those working with older people. It enables care giving staff to make informed decisions about when, where and how they should, or should not, use physical force in a care setting to ensure that they are acting appropriately and legally. This is a nationally recognised vocational qualification.

The BTEC Level 2 Intermediate Award in Physical Restraint (Older People) is a two day duration course and on completion all delegates receive a BTEC Level 2 Intermediate Award in Physical Restraint (Older People) Certification by GoodSense Training.



Course objectives:

By the end of the course delegates will be able to understand:

- > What actions can be defined as 'restraint', with reference to National level guidance.
- > The legal and ethical frameworks relevant to restraint, common and criminal law regarding the use of Reasonable Force to prevent harm from occurring.
- > Health and Safety Implications of restraint in care environments, including risk-reduction and risk-control measures and procedures.
- > How to minimise the need for restraint and Alternatives to restraint, with reference to National-level guidance and research in the field of challenging behaviour in people with Dementia.
- > How to recognise when restraint may in fact be abuse.
- > The correct application of physical restraint skills and procedures using approved and risk-assessed NFPS methods of holding.
- > The Principles regarding Duty of Care
- > Circumstances in which restraint should be used
- > Risks and inappropriate methods of restraint, with reference to methods of control which have been proscribed due to their inappropriateness or their inherent serious risk of injury or death.
- > The issues of 'wandering', the use of bed rails and 'disengagement'.

Further information:

Pre-Registration requirements:

Candidates who register for the BTEC Level 2 Intermediate Award in Understanding Physical Restraint with Older People must have:

- The physical capability to be able to undertake physical skills training, and
- The personal ability to undertake classroom training and sit written exam papers.

Suitability:

This course is designed for low risk environments where physical aggression or violence is infrequent or at a low level.

NHS Staff - Ambulance staff, A&E staff, NHS Security staff, nurses working with older patients.

Care assistants.

Nursing home staff.

The protective and Security Industries (where security staff have a high level of interaction with older members of the public for example in a super market or in a court).