



"I'd like to be able to help young people overcome their problems."

Certificate in Solution Focused Psychology: (Children and Young People) (2 days)

Overview: The Certificate in Solution Focused Psychology: (Children and Young People) course is ideal for any staff who may wish to develop their understanding of using the Kid's Skills methodology when working with children and young people.

The Course: The course is based on Solution Focused (SF) Psychology and Kids' Skills is a method that helps children and young people to overcome problems.

The Certificate in Solution Focused Psychology: (Children and Young People) is a two day duration course and on completion all delegates receive a Certification of completion accredited by GoodSense Training.

Course objectives:

Delegates will leave the course with:

- > A practical knowledge of Solution Focused interventions and how these can be used with children and young people.
 - > An understanding of the 15 steps of the Kids' Skills model.
 - > An improved ability to reframe problems into solutions.
 - > A range of appropriate resources to enable positive work with young people.
 - > Increased confidence in the use of Kids' Skill.
- The course will provide an overview of both Kids' Skills and Solution Focused approaches and how these are applicable when working with children and young people. Kids' Skills is a cooperative method for helping children overcome behavioral and emotional problems based on solution-focused psychology.

Further information:

This Certificate can be customised to match your requirements. To find out more about our courses or to discuss a bespoke course please call us on **0113 258 0035** or email **info@good-sense.co.uk**

Suitability:

The training will be suitable for those with no knowledge of either Kids' Skills or Solution Focused approaches and can also be tailored to deliver a higher level programme for those with prior experience and knowledge.