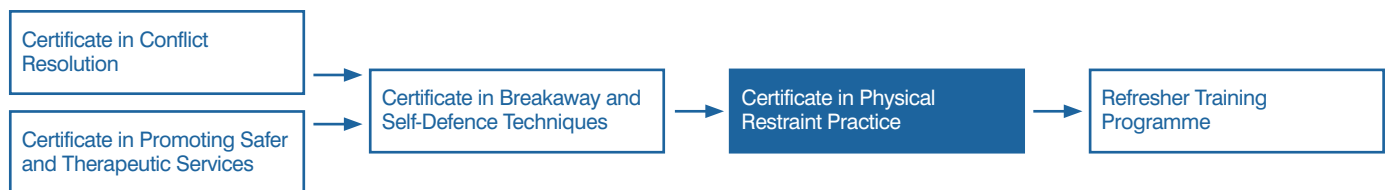




"I'd like to be able to restrain violent people effectively and safely."

Certificate in Physical Restraint Practice (1 day).

Training Progression:



Overview: The Certificate in Physical Restraint Practice is for anyone working with the general public who requires the full range of physical intervention and restraint skills.

The Course: The Certificate in Physical Restraint Practice is for anyone working with the general public who may encounter conflict and may be require to physically hold or restrain people in the course of their job. It provides delegates with the specialised knowledge, understanding and skills to use appropriate physical restraint techniques. Certificate in Physical Restraint Practice is a one day duration course and on completion all delegates receive a Certificate in Physical Restraint Practice Certification by GoodSense Training.



Course objectives:

By the end of the course, delegates will be able to:

- > Investigate Reasonable Force in relation to physical restraint.
 - > Explore the requirements of The Human Rights Act 1998 and how they apply to physical restraint.
 - > Examine the requirements of Health and Safety statute and associated regulations and show how they apply to physical restraint.
 - > Evaluate the risks associated with physical restraint and explore how to minimise those risks.
 - > Identify and describe the relevant Acts of Parliament and other government regulations in relation to the physical restraint of vulnerable individuals and groups.
 - > Differentiate between holding, escorting and restraining and non-harmful seated restraint techniques and how to apply them.
- > Demonstrate and explain how to gradually de-escalate and relax restraint to allow the subject being restrained to regain self-control.
 - > Explore the risks associated with alcohol and drugs, knives and other forms of edged weapons in relation to the use of physical restraint.
 - > Investigate the difference between non-harmful methods of control and more restrictive methods of control and when the use of such methods would be considered appropriate.

Further information:

This Certificate can be customised to match your requirements. To find out more about our courses or to discuss a bespoke course please call us on **0113 258 0035** or email **info@good-sense.co.uk**

Suitability:

Any employees who deal with difficult enquiries/complaints from members of the public, on a regular basis. Those employees considered being at risk of aggression whilst at work, for example, lone workers in the community and places where the public visit.