



"I work with children, but I'm unsure about how to use things like handcuffs when I'm confronted with violent behavior."

## BTEC Level 2 Intermediate Award in the Safe and Effective use of Restraint Equipment (Handcuffing) (1 day)

Training Progression:



**Overview:** The BTEC Level 2 Intermediate Award in the Safe and Effective use of Restraint Equipment (Handcuffing) is for anyone working with the general public who may have to use handcuffs in the course of their job.

**The Course:** It provides delegates with a comprehensive knowledge and understanding of the legal framework they must operate within and effective practical skills in how to use the equipment.

The BTEC Level 2 Intermediate Award in the Safe and Effective use of Restraint Equipment (Handcuffing) is a two day duration course and on completion all delegates receive a BTEC Level 2 Intermediate Award in the Safe and Effective use of Restraint Equipment (Handcuffing) Certification by GoodSense Training.



**Course objectives:**

***To successfully achieve the award delegates will be required to:***

- > Understand the primary reason for handcuffing.
- > Understand the Health & Safety implications, including Sections 2 and 3 of the Health and Safety at Work Act 1974, Regulation 3(1) of the Management of Health and Safety at Work Regulations 1999, the requirements of PUWER as well as the implications of the new Health and Safety Offences Act 2008 and the Corporate Manslaughter and Corporate Homicide Act 2007.
- > Understand the law, including compliance with: Section 3 (1) of the Criminal Law Act 1967, Common Law, Section 117 PACE and Articles 5, 3 and 2 of the Human Rights Act 1998.
- > Understand other areas of guidance if required such as: The Mental Health Act Code of Practice and NICE guidelines.
- > Understand the medical implications of handcuffing, including positional asphyxia.
- > Demonstrate how to apply handcuffs to a passive subject.
- > Demonstrate how to apply handcuffs to an aggressive subject.
- > Demonstrate how to remove handcuffs correctly.

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**Further information:*****Pre-Registration requirements:***

Candidates who register for the BTEC Level 2 Intermediate Award in Physical Restraint Practice must have:

- The physical capability to be able to undertake physical skills training, and
- The personal ability to undertake classroom training and sit written exam papers.

**Suitability:**

This course is suitable for individual expected to use restraint equipment (handcuffs) as part of their operational role.